



Polanki, Inc.

BOARD OF DIRECTORS

<i>President</i>	Denna Flemming (414) 254-0361
<i>1st Vice President</i>	Anne Wal (414) 287-1530
<i>2nd Vice President</i>	Laurie Ufnowski (414) 525-1094
<i>Treasurer</i>	Jean Wroblewski (414) 405-7753
<i>Recording Secretary</i>	Jessica Ullstrup (414) 704-6121
<i>Corresponding Sec.</i>	Wanda Kosmalski (414) 418-2203
<i>Historian</i>	Joanne Barndt (414) 962-5634
<i>Publicity</i>	Nadine Flemming (414) 282-1872
<i>Membership</i>	Louise Cieslak (414) 422-0652
<i>Newsletter Editor</i>	Geraldine Reszel (414) 541-2433
<i>Sunshine Chair</i>	Edith Malson (414) 774-9412
<i>Auditing Committee</i>	Judy Chattin Sue Konecny Heddy Moskaluk
<i>Web Master</i>	Dana Michaels (414) 712-4301
<i>Polanki Library</i>	(414) 858-9357

Polanki Members Only

Polanki Meeting February 9

On Friday, February 9, Polanki's regular meeting will be held at Villa St. Francis at 7:30pm in the dining room.

SPEAKERS: Annual Elections Meeting

HOSTESSES:

Joanne Barndt
Adrienne Zuber
Roma Numrych
Kathy Camacho
Diane Ufnowski
Halina Sosnowski
Kathleen Wroblewski

From the President's Desk

This is my final note to the Polanki membership as your President. It has been a great privilege to serve as President for the past two years. Thanks to everyone who helped me along the way. Next year's Board will be selected at the upcoming annual meeting on February 9. Each current Board member will provide a brief summary of the past year. Therefore, no guests are allowed at the meeting. Due to elections, we will not have a speaker after the business meeting. I wish the new Board the best. Thank you to the Board members whose terms are ending as well as to the Board members who are continuing in their leadership roles. Thanks to the Nominating Committee members. If anyone needs any help, you know where to find me.

-Denna Flemming

Pączki Day

By: Ewa Barczyk-Pease

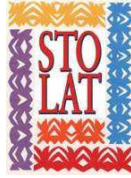
As all of us in Milwaukee know, Pączki Day is celebrated on Fat Tuesday, the day before Ash Wednesday, which marks the start of Lent. In the United States, Pączki Day was popular in Polish communities from the beginning of the 20th century and corresponds to Shrove or Fat Tuesday celebrations.

However, in Poland, pączki and faworki (also called chruściki) are eaten on *Fat Thursday*, not Tuesday, the last Thursday before Lent and is associated with the celebration of Carnival (*Karnawał*) which is related to *Mardi Gras*. Because Lent is a time of fasting, in the old days that meant that rich foods were not allowed. Starting with the Thursday before Lent, people of Poland used up food so that it would not be spoiled or wasted during Lent. Families would use up their eggs, butter and sugar by treating themselves one last time before Lent began with these rich pastries. This tradition was started in the medieval age during the 17th century. Fat Thursday or “*Tłusty Czwartek*” is a day dedicated to eating, when people meet in their homes or cafés with their friends and relatives and eat large quantities of sweets, cakes and other meals usually not eaten during Lent. In the countryside, people would dress up in costumes and ride sleighs (*kulig*) to visit friends while the city folks would dress up and have masquerade balls as a last fling before the austerity of Lent begins.

Among bakers and confectioners, Fat Thursday is regarded as one of the busiest days of the year, with many cake shops open from the early hours of the morning after a marathon night of frying doughnuts. Statistics for the past few years show that around 100 million pączki and many thousands of pounds of faworki are eaten on Fat Thursday in Poland!

So you can wait to enjoy your pączki on February 13th or join our families in Poland and enjoy them earlier on *Tłusty Czwartek*. And quick Polish grammar review-“ pączki” is the plural of one “pączek” so no need to ask for “paczkis”!





February

2/01	Iwona Nowak
2/09	Veronica Artus
2/11	Geraldine Reszel
2/12	Anna Najpiorkowski
2/13	Ewa Barczyk-Pease
2/13	Sharon Kearns
2/14	Jadwiga Korasz
2/17	Charlotte Dzimiel
2/20	Diane Holytz
	Eleanore Jendrzyczak
	Jerry Moskaluk
	Jill Swenson-Parra
2/23	Rachel Hooten
2/26	Anna Rogalski

Upcoming Events

Apr. 8	Awards Tea, Polish Center
Apr. 29	Pierogi Dinner, Polish Center
Jun 15-17	Polish Fest, Summerfest Grounds

Community Corner

Paczki Day at the Polish Center

Tuesday, February 13

Enjoy a paczek and coffee for \$3 in the Cafe

Catholic-Jewish Studies Film Series: Educational Films with Scholars

The Jewish Cardinal

Sunday, February 25, 3:00 p.m.

Introduction and post-film discussion by Dr. Richard Lux, PhD, Professor Emeritus at Sacred Heart Seminary and School of Theology. Film will be shown at Sacred Heart Seminary and School of Theology

Bal Maskowky 2018

Saturday, February 10, 5:00-11:30pm

Hosted by the Syrena Polish Dancers at the Wisconsin Club

Get Well Wishes to...

Active members, Barbara Rutkowski and Carol Powers, who are experiencing flu-like symptoms

Lifetime member, Geraldine Reszel is home and done with rehab

Active member, Judy Chattin had knee surgery and will be rehabbing at home

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